

## ***“Burnout, Button Pushers, and Avoiding Restraints”***

**April 23 2010**

10:00am-1:00pm

Children’s Home of Cincinnati

5050 Madison Road

Cincinnati, Ohio 45227

[Map and Directions](#)

Register Online at [www.oacca.org](http://www.oacca.org)

**Presentation:** Attention direct care workers, residential staff, counselors, and therapists. So you are tired, angry, and you think it is a good idea to get into restraint? No you don’t – but at that moment you lack the tools to regain control of the situation and stop the spiral to restraint. This workshop will provide common sense methods, techniques, and options to manage situations when you think you have hit the wall. Come learn and understand ways to reduce the impact of burnout, neutralize button pushers and avoid restraint.

**Presenter:** A. M. Chip Bonsutto, Ed.D., LSW, CYC-P, has been working in the field of child and youth care for the past 29 years. During his career, Dr. Bonsutto has been a child and youth care worker, supervisor, and administrator. He has provided numerous workshops and seminars regarding the care and treatment of youth, ethics, supervision, and behavior management. He holds a Doctorate in Child and Youth Studies from Nova Southeastern University, a Masters in Administration, and a Bachelors in Psychology. Currently, he is a Robert Wood Johnson Fellow. He has been involved with the Ohio Association of Child and Youth Care Professionals, Inc. (OACYCP) for almost 25 years as a member, past president, and current board member. In addition, he is the immediate past-president of the Association for Child and Youth Care Practice, Inc. (ACYCP) and a founding board member of the national Child and Youth Care Certification Board. He has served as a co-chair of two International Child and Youth Care Conferences.

### **Schedule**

9:00-10:00am	Registration
10:00am-12:00pm	“So, You Think You’re Burned Out?” “So, What gets You Going?”
12:00-1:00pm	Avoiding Restraint

### **Continuing Education Units**

Participants can earn 3 counselor and social worker CEUs for this training

### **Cost**

- OACCA Member Agencies \$55/person, Non-Member Agencies \$110/person
- Mail payment to: OACCA, 50 West Broad Street, Suite 3200, Columbus, OH 43215
- We cannot accept personal checks or credit card
- Cancellations prior to April 16, 2010 will be refunded minus a \$10 cancellation fee
- We are unable to offer refunds after April 16, 2010

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